



COURTYARD  
TOWERS

SENIOR LIVING



**Premier Senior Living Community**





# COURTYARD TOWERS

SENIOR LIVING

22 N. Robson  
Mesa, AZ 85201  
480-649-3000  
[courtyardtowersaz.com](http://courtyardtowersaz.com)

## *Here's how to find us...*



*Follow these easy driving directions.*

### **Heading South on Country Club Dr:**

- Turn left onto W 1st St.
- Turn right onto N Robson
- Community will be on your right

### **Heading North on Country Club Dr:**

- Turn right onto W 1st St.
- Turn right onto N Robson
- Community will be on your right

Quality senior living for those who have reached the age of sixty-two.





# *Living in style and comfort*



At Courtyard Towers Senior Living in Mesa, residents enjoy an active, engaging lifestyle that promotes wellness and independence. It is our goal to keep our residents linked to resources and opportunities in the community that will fulfill their needs, interests, and goals. Residents have many opportunities to participate in a variety of life enriching activities and events designed to stimulate the mind, body and soul. From cocktail-hour gatherings where you can learn about the nuances of a good Pinot Noir, to a discussion of the latest best seller in our Life-Long Learning series, to exploring new ways to stay healthy in a fitness class...expect the unexpected. When what you desire most is exactly where you want it to be, celebrate!



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## Excellent Services Tailored to Different Needs...

Courtyard Towers Senior Living offers a specialized neighborhood providing comprehensive and caring Alzheimer's and dementia care. The mission of our supportive community is to serve the special needs of individuals with Alzheimer's disease, dementia and other forms of memory loss. The residence is a comforting environment, deftly incorporating safety and supportive cues throughout.

Courtyard Towers Senior Living offers programs to help those individuals with memory loss maintain function. Our individually tailored life program provides the stability of a routine while maximizing independence and autonomy. We develop close bonds between residents, their families, and our caregivers. Memory care can be different...let Courtyard Towers Senior Living show you how.

### Apartment Choice:

This is a very private setting where residents are comforted by having their own décor, furnishings and more. We offer semi-private and private apartments with shared or private bathrooms. All apartments come with 24-Hour emergency call systems, closets, individualized heating/cooling and access to community amenities.

### Some of our Personalized Services include:

- Medication management
- Showering/bathing
- Dressing and laundry
- Personal hygiene and grooming
- Mobility and transferring
- Continence management
- Level appropriate activities
- Assistance with eating

### Respite Care:

We offer a respite care program designed to give family caregivers a necessary break. This is your chance to have our caring staff enrich the life of your loved one, while you take a well-deserved rest.

Are you ready to learn more about our unique specialized care services? To learn more about Courtyard Towers Senior Living, please call 480-649-3000 and schedule a tour.



## Escape to the Ideal Lifestyle...

Courtyard Towers Senior Living offers a wide array of apartment options within our community – whether you are looking for the convenience of a studio, the privacy of a one bedroom, or the spaciousness of a two bedroom apartment we can accommodate your needs. Keep life comfortable and stress free with our thoughtfully designed apartments providing all the features and space you need for living life to the fullest. Depending on the apartment you select, your residence at Courtyard Towers Senior Living may include the features below.

Assisted living apartment amenities include:

- Monthly rental with no buy-in or long-term lease
- Choice of studio, one, and two bedroom apartments
- Linen and housekeeping services
- Maintenance of interior and exterior spaces
- 24-Hour emergency call system in each apartment
- Utilities including basic cable television (telephone and high-speed internet service excluded)
- Well-appointed finishes, spacious closets, and kitchenettes
- Wireless internet access in common areas

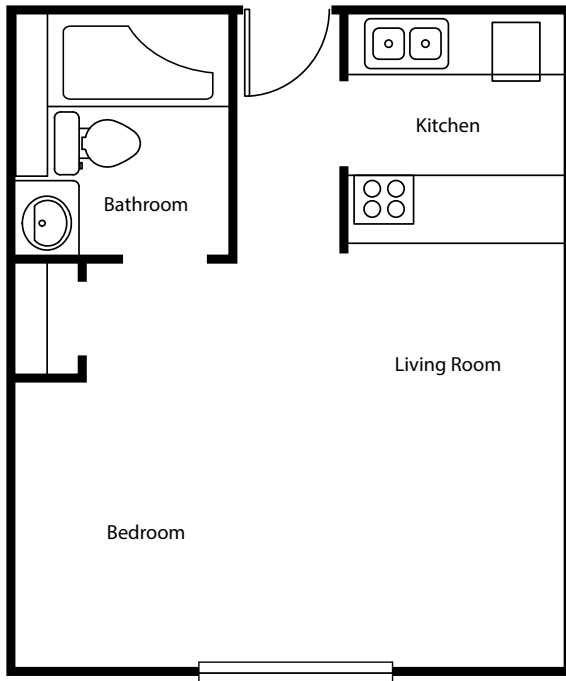
Assisted living services include:

- Assistance with personal needs such as bathing, dressing and grooming
- Medication management
- Select specialty diets offered
- Continence management
- Individually developed care plan with our residents preferences in mind
- Mobility and transferring assistance
- Respite services available

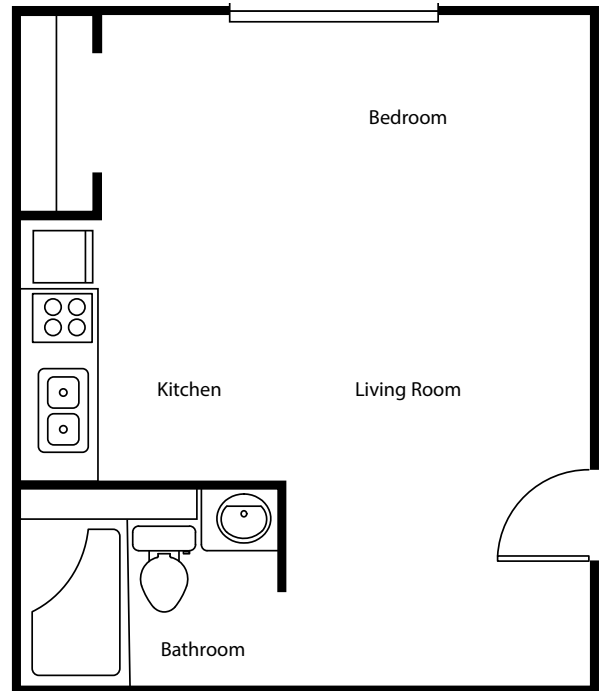
Are you ready to take advantage of a community that caters to your upscale tastes? To learn more about Courtyard Towers Senior Living, please call 480-649-3000.



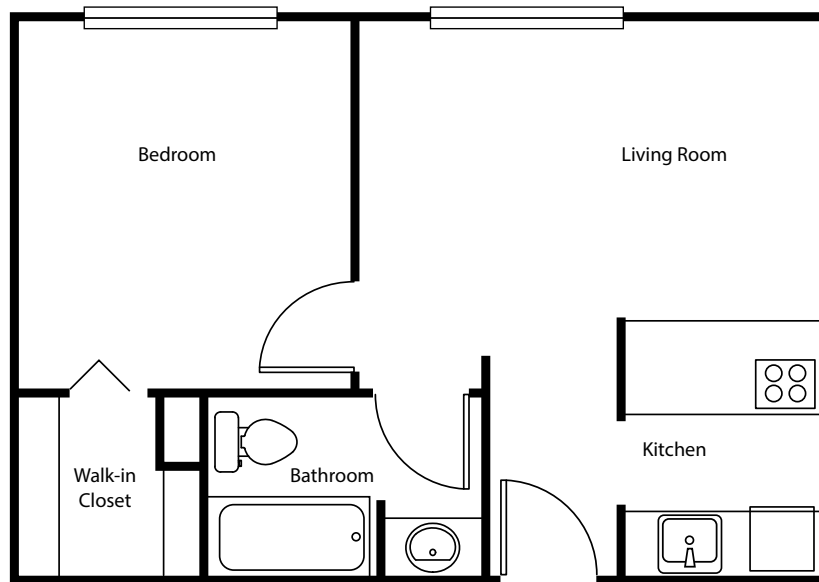
Studio A • 356 sq ft



Studio B • 378 sq ft

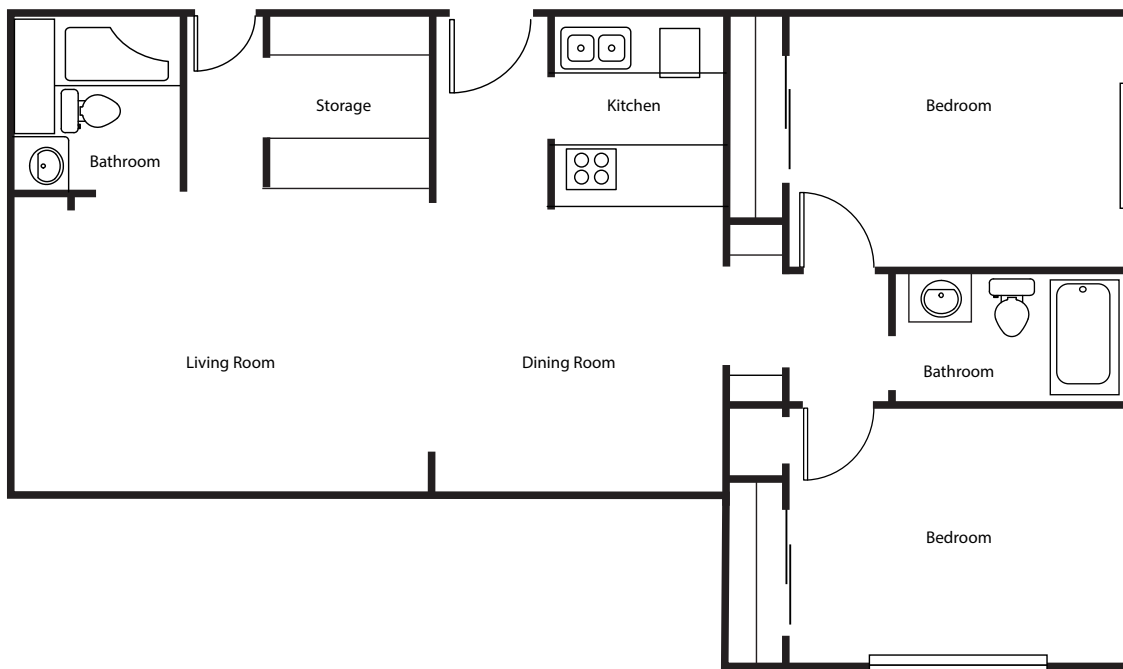
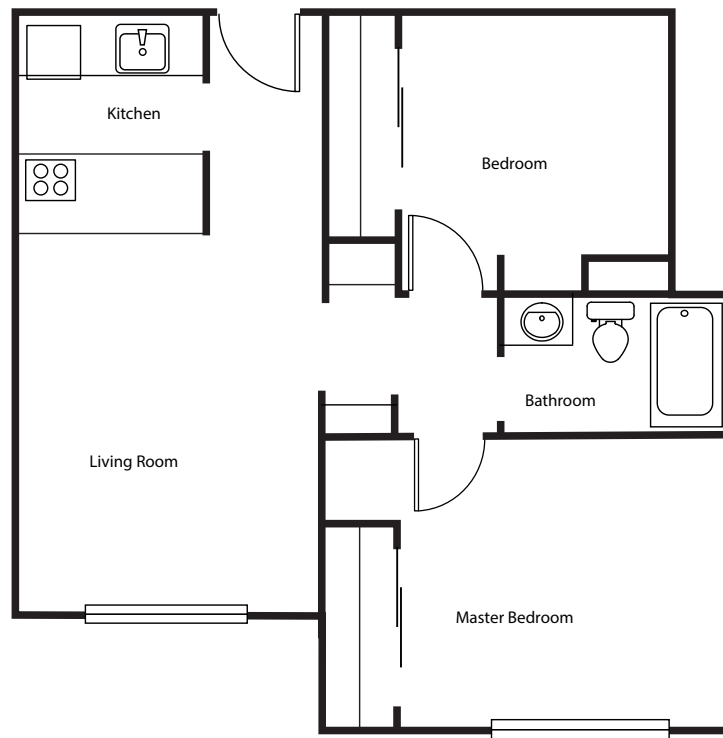


One Bedroom • 421 sq ft





Two Bedroom  
625 sq ft



Two Bedroom  
Deluxe  
981 sq ft



## Indulge in All We Have to Offer...

Living at Courtyard Towers will allow you to be free from the daily rigors of cooking and cleaning so you can maintain the liberties and freedoms of your retirement lifestyle in one of our spacious apartments. Our dedicated staff will take care of the grounds, the housekeeping and other chores; leaving you time to enjoy life's simple pleasures.

Our monthly hospitality package includes three delicious home-cooked meals each day, weekly housekeeping with linen service, planned events and activities, scheduled transportation, and paid utilities including basic cable television (does not include telephone and internet services). Your retirement can be as active or as relaxed as you prefer in our community – just like home, surrounded by your favorite collectables and furnishings.

Our amenities include:

- Pet friendly
- Chef-prepared meals
- Hair Salon
- Weekly housekeeping and linen service
- Entertainment, activities & outings
- Transportation provided for scheduled events
- Emergency call system
- Care Staff available 24/7
- Beautifully appointed community living areas
- Library
- Theater
- Craft room
- Laundry center

Are you ready to take advantage of all we have to offer? To learn more about Courtyard Towers Senior Living, please call 480-649-3000 and schedule a tour.