



# Premier Retirement and Assisted Living Community



# *A Nurturing and Uplifting Environment*



At Edmonds Landing Retirement and Assisted Living, residents enjoy an active, engaging lifestyle that promotes wellness and independence. It is our goal to keep our residents linked to resources and opportunities in the community that will fulfill their needs, interests, and goals. Residents have many opportunities to participate in a variety of life enriching activities and events designed to stimulate the mind, body and soul. From cocktail-hour gatherings where you can learn about the nuances of a good Pinot Noir, to a discussion of the latest best seller in our Life-Long Learning series, to exploring new ways to stay healthy in a fitness class...expect the unexpected. When what you desire most is exactly where you want it to be, celebrate!





Edmonds Landing is much more than just a place to live – we are a community. In order to expand our offerings to you, and further enhance your lifestyle experience, Edmonds Landing has joined with key partners in the community to create a program that helps you stay active, be healthy, and feel your best. These partnerships include:

- **Easy Transitions** - With our Easy Transitions program partner, making your move to Edmonds Landing can be much easier than you think. Ask us about this useful and efficient program, and learn more about how it can simplify your move.
- **Harbor Square Athletic Club** – Edmonds Landing works in complement with the Harbor Square Athletic Club to support your healthy and active lifestyle. The available club services and amenities include swimming, water aerobics, tennis and racquetball, stationary equipment, yoga, and personalized training assistance. We'll be glad to arrange a visit, if you like.
- **Ukie Sorensen/Le Papillon Salon** – Ukie has been providing salon services at Edmonds landing for over ten years. The Salon is open Wednesday through Sunday, and appointments can be arranged by calling 425-772-9818, or with our Concierge. We can arrange a visit with Ukie, if you would like a consultation.
- **Contract Pharmacy Services** – Edmonds Landing contracts with a community-based pharmacy to provide prescription and over the counter medications for our residents. In addition, our pharmacy partner provides key quality assurance practices for us, to help assure that our medication assistance program provides you with the highest caliber of service. The pharmacy will bill directly for their service, and they accept most prescription insurance programs. Of course you are free to use a pharmacy provider of your own choosing as well, as long as the pharmacy can comply with our provider requirements. The Assisted Living Director or Executive Director can give you additional information about this service.
- **Foot Care Nurse** – Our consulting nurse provides a very beneficial and necessary service for the residents of Edmonds Landing, while making them feel relaxed as well. The service is provided by a Registered Nurse who visits twice a month to care for and pamper feet. The service is very reasonable, and a key component for you in managing your “wellness”. We’d be glad to schedule an appointment for you.
- **On-site Laboratory Services** – A technician visits Edmonds Landing weekly, on Monday, and can draw either routine or scheduled labs as ordered by your physician, eliminating the need to go out for the service. We can assist you in making sure that your Physician gets results from your lab work.



# Our Short-Stay and Respite Programs



Respite Care may be the perfect option for adult seniors needing additional support and care following an illness, recuperating after a surgery, or as part of a transition after a skilled nursing facility stay. Edmonds Landing can be the ideal location to complete your recovery, and smooth your transition to home. We offer individuals privacy, care, peace of mind, and a restful place to regain your strength and energy in preparation for your return home, and a cost-effective alternative to in-home care.

Our Short-Stay programs can also be an option to provide families and caregivers an opportunity to take a break from the obligations of caregiving, with the security of knowing that care will continue to be provided with compassion, by a highly qualified care team.

Respite Care can be arranged for a minimum stay of five up to a maximum of thirty days. Short-Stays can be arranged for longer periods. Both are also a great way for you to experience our lifestyle first hand!

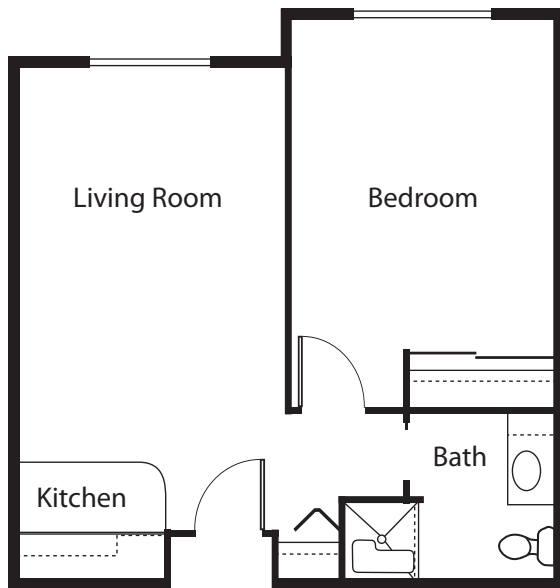
\*Respite and Short-Stays are offered on a limited basis based on availability.



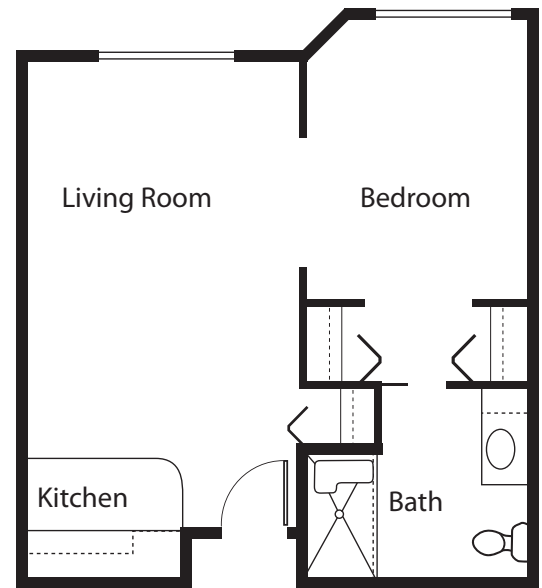
# Edmonds Landing Floor Plans



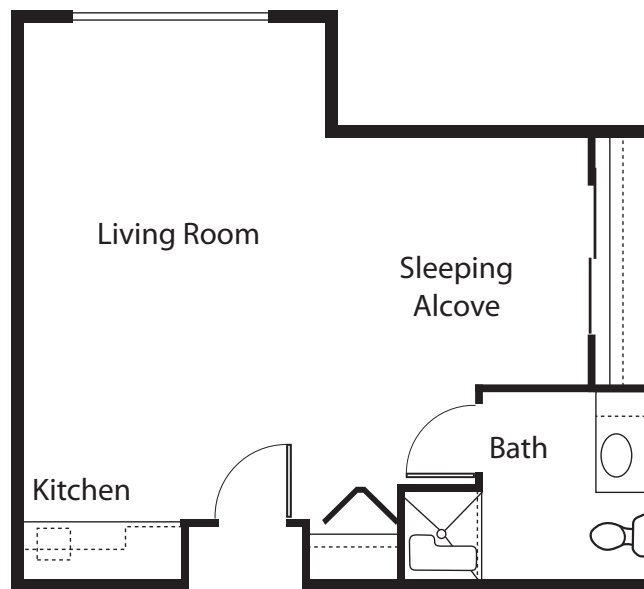
## One Bedroom - Type A



## One Bedroom - Type B



## Studio With Alcove





The residential Assisted Living Program at Edmonds Landing is available for those individuals needing or desiring personal care services. The Assisted Living Program includes all of the amenities available in our Residential Independent Living Program, plus an individualized care management services program, designed to meet your particular needs. Your program will include a professional assessment by our Assisted Living Director, and a Service Plan developed with you that supports your health and safety, while promoting independence and quality of life. Your services are provided by a highly trained care team, led by our licensed nurse, and may include support with:

- Medication management
- Bathing
- Dressing
- Grooming
- Continence management
- Mobility and transfers
- Escorts to meals and programs
- Scheduled safety checks
- Personal laundry

When health care needs exceed our scope of service, we may work together with home health organizations and/or other health care providers to meet your needs within the comfort and familiarity of your home here. These additional health care services are available on an individualized basis, and should be addressed with the Assisted Living Director.



Edmonds Landing staff and residents are pleased to share a common vision of a community for active, engaged senior adults who aspire to enrich their lives through the lifestyle and living environment they choose. As a team, we are dedicated every day to providing a creative and flexible variety of programs and services to make this next chapter of your life equal to, or even better than any other.

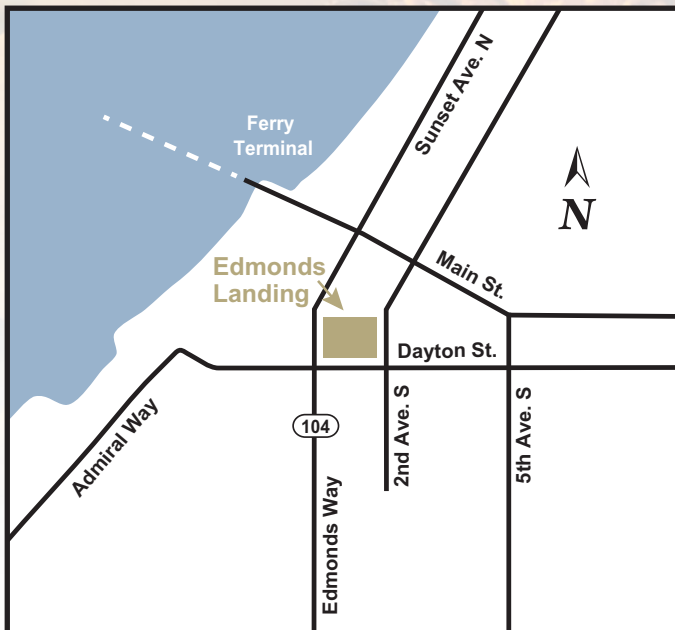
As a resident of Edmonds Landing, you'll love the maintenance-free, catered living of our boutique lifestyle. In elegant, yet comfortable surroundings, Edmonds Landing offers these outstanding amenities designed to support and enrich your lifestyle, now and into your future:

- Three gourmet meals served daily from the seasonal menu designed by our Executive Chef with the support of our Consulting Dietician.
- The Bistro Café offering coffee service, beverages, fresh fruit and baked goods daily.
- Elegant guest dining suite for your personal entertaining.
- Short-term in-suite dining as needed, with room service options available.
- Friday Night Wine Bar and Chef's Dinner.
- Comfortable, well-stocked Library.
- Media and Entertainment Suite with full kitchen.
- Beautifully landscaped and furnished outdoor patios for your relaxation.
- On-site Hair Salon for your convenience.
- Health Club membership with the Harbor Square Athletic Club, just across the street.
- Transportation services available Monday through Friday.
- Concierge Services daily from 8 am to 9 pm.
- Weekly scheduled housekeeping and linen service.
- A full calendar of social, cultural, educational, and recreational activities and events.
- The security and peace of mind from 24-hour on-site staff, and in-apartment call system.
- All utilities, including cable television (excluding personal telephone).
- Residence and grounds maintenance.



**180 Second Avenue South  
Edmonds, WA 98020  
425-744-1181  
edmondslanding.com**

## ***Here's how to find us...***



*Follow these easy driving directions.*

- From I-5 take exit #177
- Turn right onto State Route 104W/Edmonds Way
- Veer right onto 5th Ave. /Rosalyn Summers Blvd.
- Turn left at Dayton St.
- Turn right at Second Ave.