





Flexible Lifestyle Options

Our community offers exceptional living and lifestyle options thoughtfully designed to provide all you or your loved one needs to live life to the fullest. Our beautifully appointed apartments let you experience a comfortable, convenient, and purposeful lifestyle. Enjoy resort style amenities that include:

- Private villas and cottages with a private clubhouse
- A private 3½ acre park with walking trail
- 3 fitness centers to enhance mind, body, and spirit
- A relaxing spa with two heated saltwater pools
- Grille House Enjoy access to an outdoor kitchen and grilling station available to residents and guests
- A gardening center which provides the perfect opportunity to grow fruits and vegetables
- An outdoor music and entertainment space
- Pickleball courts for staying active and friendly competition with other residents
- A 10-acre dog park for canine companions to enjoy
- Fresh Chef-prepared meals with restaurant-style selections
- An award-winning SPARK[™] Program which uses Montessori-Inspired Methods to provide meaningful social roles and purposeful activities

Care and living options are tailored to your level of need. Compassionate, personalized support is provided in an attentive and comforting environment. You keep living life to the fullest – our team members will take care of the rest!



An Exceptional Experience

This is a place where you or your loved one can experience a life of community, well-being, purpose, and independence.

Discover a vibrant community that supports, engages, and encourages the whole individual. Explore our private $3\frac{1}{2}$ acre park with walking trail, 3 fitness centers, 3 dining venues, 2 heated saltwater pools, and pickleball court. Each of our amenities is designed to help our residents stay active and engaged in their community. We invite you to visit our community, take a tour, and speak with our caring and friendly staff. Come see for yourself why we are the perfect Senior Living Community for you or your loved one to call home.

This is no average senior living experience! If you're seeking a community where residents have a sense of belonging and purpose and where loved ones are eager to visit, then you've found the right place!



SPARK™ Lifestyle

Our award-winning SPARK[™] program, inspired by Montessori methods, sets us apart from all other communities. SPARK[™] has been scientifically proven to increase the engagement and quality of life for our residents in four important ways.



Social Roles

SPARK™ supports residents by encouraging meaningful social roles. Providing residents with social roles enables them to be productive and successful, and to continue their lifelong habits and routines within our community. Whether it be leading our welcoming committee, teaching a class, or participating in charitable events, our focus is to know the resident and to help weave their lifelong habits and skills into the fabric of the community.



Skills-Focused

SPARK[™] works to enhance skills that may have been lost. Through this scientifically proven program, a skill that may be considered lost could actually become a strength! Many of our residents regain muscle memory using simple Montessori activities that consistently work on procedural memory and repetition.



Easing into Complexity

Tasks are easier to complete when broken down into smaller parts and they are easier to remember when they become part of long-term memory. That's why SPARK™ introduces activities which progress from simple to complex and do not rely merely on short episodes of entertainment. Simple ideas build into larger and more engaging projects over time.



Focus on the Strengths

SPARK[™] focuses on what residents can do, rather than what they cannot. Each of our residents arrives with skills, hobbies, and experiences which SPARK[™] uniquely assesses and builds into a tailored social role. Focusing on a resident's strengths allows them to find success and fulfillment.

SPARK[™] empowers seniors to create a community that speaks to them. Residents can do what they know and love, discover a new passion and hobby, and find purpose in their social role. Discover your SPARK[™] at The Preserve at Spring Creek!

PRIVATE COTTAGE 1,245 Square Feet





THE DUNHAM DELUXE Two Bedroom 997 Square Feet





THE DUNHAM Two Bedroom 898 Square Feet





THE STERLING DELUXE One Bedroom 710 Square Feet





THE STERLING GRAND One Bedroom 621 Square Feet





THE STERLING One Bedroom 611 Square Feet





THE DEVINSHIRE Two Bedroom 776 Square Feet





THE MITCHELL DELUXE One Bedroom 507 Square Feet





THE MITCHELL One Bedroom 467 Square Feet





THE WINDROSE Studio 362 Square Feet





Memory Care Floor Plans

THE CARLTON Private Suite 287 Square Feet





The Preserve at Spring Creek 2055 Arapaho Road Garland, TX 75040 469-808-1140 thepreserveseniorliving.com Facility ID # Pending